Henry Albert Burrow was born on January 21, 1896 in Egan (Eagan), Minnesota. His parents were Fred Burrow and Marie (Mary) Brown, who were both German immigrants. He had eleven siblings: Annie, William, Emma, Mary Jr., Otto, Gertrude, Reinhold, Emil, Margaret, Fred, and Mollie. Prior to his military service, Henry worked as a farmer with his family.

Henry registered for the draft on June 5, 1917. He claimed exemption because he was a farmer and supported his parents. He lived in Eagan at the time. Henry enlisted on June 24, 1918. He trained at Fort Dodge in Iowa and Camp Grant in Illinois. On September 25, 1918, he sailed to France on the U.S.S. Rhesus. He served with Company F, 311th Ammunition Train Infantry of the U.S. Army. Henry participated in the battles of St. Mihiel, Meuse-Argonne, and Lorraine. His rank was Private. Henry sailed home in the U.S.S. Zeelandia on January 17, 1919 from Pauillac, France. He was mustered out of the service on February 9, 1919.

In 1920, Henry was working as a farm hand and lived with his parents. He married Myrtle Esther Goers on November 19, 1930. At this time, Henry was working as a laborer and doing “odd jobs”. The couple had four children together: Myrtle (b. 1932), Henriette (b. 1934), Henry Jr. and Bernice (b. 1944). The family lived in St. Paul. Henry worked as a barrel washer at Barrel Co. in the 1940s. He died on September 4, 1945 of Coronary Thrombosis in St. Paul. He was just 49 years old. Henry was buried at Fort Snelling National Cemetery. Myrtle remarried in 1967 to a man named Olaf Svenning.