Jack Diamond was born in Waukesha, Wisconsin on 3 April 1894. The names of his parents and family members are not known. After graduating from school, Diamond worked as a farm laborer in Lakeville and was drafted.

He was inducted into the Army on 28 May 1918 at Hastings, Minnesota. Jack received his military training at Camp Lewis, Washington and Camp Kearny, California. He served in multiple units, including 43rd Company, 11th Battalion, 166th Depot Brigade; Company C, 160th Infantry; and Company D, 127th Infantry, in which he was believed to be serving when he died.

He was killed in action at Chateau Thierry, France on 21 October 1918, and was buried at the Meuse-Argonne American Cemetery. His Find a Grave memorial (number 55966492) indicates that he died of disease.